

The Bridge



Bay Area & Western Paralyzed Veterans of America

Volume 40, No. 2

Oct-Dec 2025



**PARALYZED VETERANS OF AMERICA,
BAY AREA AND WESTERN CHAPTER'S**

13TH ANNUAL GOLF TOURNAMENT 2025

The Paralyzed Veterans of America, Bay Area and Western Chapter is dedicated to the task of improving the quality of life of Veterans with paralysis due to spinal cord dysfunction and to the protection of their civil rights. We are committed to the duty of assisting paralyzed Veterans by advocating for unfettered access to VA health care and barrier-free access to the community.



Our goal is to ensure the fulfillment of the need for the health and well-being of our Members, and all paralyzed Veterans, through education, information and referral, medical research, and physical, psychological, and recreational therapy.



Cinnabar Hills Golf Club

23600 McKean Road San Jose, CA 95141

FROM
11 AM to 7 PM

**Monday,
OCTOBER 20, 2025**

SPONSORSHIPS
ON BACK

REGISTRATION : <https://tournevents.com/bawpva13thannualgolftournament>

PUBLISHED BY:

**PARALYZED VETERANS OF AMERICA,
BAY AREA AND WESTERN CHAPTER, INC.**

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Palo Alto, CA 94304

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National PVA Website: www.pva.org

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Kevin Patton, Vice President

Kyle Hansel, Secretary

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E-BRIDGE

To sign up for the monthly electronic newsletter please email

amaral@bawpva.org.

Articles published in *The Bridge* do not necessarily reflect the views of the Paralyzed Veterans of America, Bay Area and Western Chapter (BWPVA). BWPVA neither endorses nor guarantees any of the products or services advertised herein.

President Jessica Greene



Hello Friends,

I attended the Reno PVA Takeover in September. It was the 6th Annual for the event but my first time. We stayed at Circus Circus so there was endless entertainment. Good thing I took my own shower chair with a backrest. The hotel provided one but it was a seat only, no backrest. Members went to a movie, a minor league baseball game and had adaptive sports day - we played pickle ball and corn hole. Also had a membership dinner. Good attendance, the event is growing. It was good to meet some of our members, staff and other people who make our chapter work so well. Fun times, I'm looking forward to next year.

Just a couple weeks later and I was off to Minneapolis for the Women Veterans Empowerment Retreat WVER. We covered a lot but it was pretty relaxed overall. Sessions on becoming a better leader, the adaptive sports and rec available through national, leveraging social media, grassroots advocacy, and more. Also had a session with ESPN sports anchor/reporter Hannah Storm via virtual visit/interview. She talked about working in a field that is predominantly male, and how she dealt with some of the challenges to get ahead in the field. There were also some fun night events. Lancôme partnered with the PVA for this year's event again. Big name even if you're not into beauty products.. it's very good for the organization.

Our next big event is the golf tournament on Oct. 20. I've been trying to get golfers and support. I've shared via word of mouth, emails, and posted on social media, etc. Every bit counts! Please see the cover of this newsletter for more details.

I hope everyone has a great Holiday season.

Executive Director

Kory Amaral



We have some news. This year, our 13th Annual Golf Tournament is back on and will take place at Cinnabar Hills Golf Club on Monday, October 20, 2025. This event helps raise funds for the Paralyzed Veterans of America, Bay Area and Western Chapter's Sports & Recreation Program. We are still looking for golfers and in-kind donations. The tournament is right around the corner and we need help from the community to make the event a success for our paralyzed veterans. If you have any questions or want to learn more, please contact me. My information is below.

The Chapter has hosted 2 membership meetings in the past 2 months. First off, I would like to thank the 12 veterans who attended our Fresno Membership Meeting. This was the largest turnout in the Chapter's history. I would also like to thank the others who attended and showed support. We look forward to more events in the area in the early Spring. The Chapter just got back from our PVA Reno Takeover 2025. Thank you to the Nevada PVA Chapter, the City of Reno, VA Palo Alto Health Care System, VA Sierra Nevada Health Care System, PVA members, family and friends who attended the event. We had almost 50 individuals and this has been the biggest takeover yet.

The Paralyzed Veterans of America, Bay Area and Western Chapter and the SCI/D Center at VA Palo Alto Health Care System have revamped our peer support program. The SCI Peer Mentoring Program - Education & Lunch will take place on the last Thursday of the month at the SCI/D Center's F-108 Day Room at 12:00 PM. Some topics include PVA, Social Work, SCI/D Travel, Recreation Therapy, and more. Zoom is available if needed. We would love for our SCI/D veterans to either attend or call into the meeting to socialize with your fellow veterans. Please refer to Page 21 for more information.

As the Holiday season approaches, I just want to remind everyone that some veterans are alone during this time. Just saying hi or Happy Holidays can truly make a veteran feel special. The Chapter will ensure we have plenty of events during the season to celebrate all together. Our calendar is on Page 23 and we would love to see you at one of our events.

If you need anything, you can reach the office at (650) 399-5296 or email Executive Director Kory Amaral at amaral@bawpva.org. The office is not open every day, so please first call or email before you plan to visit so we can ensure someone is in the office to meet you.



The Bridge



Monthly Chat with your National Service Officer (NSO)

**Who: PVA Members &
SCI/D Veterans**

**When: Second Tuesday of the
Month
11:30am**

(Will only stay on the call for 15 mins if no one calls in)

Where: Virtual (Zoom)

Meeting ID: 867 9150 1025

Passcode: 370759

+1 669 900 9128 US (San Jose)

[https://us02web.zoom.us/j/86791501025?](https://us02web.zoom.us/j/86791501025?pwd=OHJ1KzNoVi9XR0FoSHNvVHRkcFRUZz09)

[pwd=OHJ1KzNoVi9XR0FoSHNvVHRkcFRUZz09](https://us02web.zoom.us/j/86791501025?pwd=OHJ1KzNoVi9XR0FoSHNvVHRkcFRUZz09)

**Why: To receive benefit updates
and to ask questions**



Bay Area & Western Chapter



Paralyzed Veterans of America

United Access proudly supports Bay Area PVA



*If you have a service-connected disability,
you may qualify for VA funding assistance for a
wheelchair accessible vehicle or driving modifications.
Let one of our experts assist you with the buying process.*

Sacramento

6550 Freeport Blvd,
Sacramento, CA 95822
Local: 916-392-1196

Fremont

40975 Albrae St,
Fremont, CA 94538
Local: 510-999-7959

Santa Rosa

3285 Santa Rosa Ave,
Santa Rosa, CA 95407
Local: 707-575-6997



We're here to help!
Call us today or stop by and take a test drive.



Proud Supporters of the



Paralyzed Veterans of America

Bay Area & Western Chapter





That stuff that you keep telling yourself
"someday I might wear that again."

The back of your closet can do something remarkable for injured veterans everywhere. Your generous donations of clothes and other common household goods help improve the lives of severely injured veterans and strengthen the fabric of our community.



**Paralyzed Veterans
of America**

Goods Inspiring Veterans Everywhere
Bay Area & Western Chapter

*Give G.I.V.E a try and schedule your **FREE** pickup today.*
To learn more, call 866-281-1502 or go to pva.org/givegoods
Paid for by the Jeffrey Carlton Charitable Foundation

Turn Your **Used Vehicle** Into Support For Paralyzed Veterans Of America



We'll use the proceeds from the sale of your car, truck, RV or boat to change lives and build brighter futures for our seriously injured heroes.



Scan the
QR code to
learn more.



Donating your car is easy, and your gift is tax-deductible

Vehicle donations to PVA are tax-deductible! Most vehicles are sold through local used-car markets. Our vehicle donation program works to get the highest return per vehicle and handles all the paperwork, too! Whether your vehicle sells for \$500 or less, more than \$500, or more than \$5000, you will be provided with the proper donation tax receipt(s).



Call 877-900-VETS or donate online at www.pva.org



THURSDAY, NOVEMBER 6, 2025
12:00 PM
BUILDING 7'S SCI/D DINING ROOM

— ★ ★ ★ —

VETERANS DAY

Luncheon



For SCI/D Veterans & Staff
Catered by Armadillo Willys



Sponsored by
the Paralyzed Veterans of
America, Bay Area and Western
Chapter



Menu Includes:

- Texas BBQ Ribs
- Texas Lone Star Chicken
- Santa Maria Tri Tip
- Veggie Burger
- Spicy Peanut Slaw, Potato Salad, Texas
Corn Salad, White Cheddar Mac &
Cheese, and Cornbread Muffins
- Chocolate Chip Cookie
- Drink



Tickets are available from
9:00 AM - 11:00 AM
on Tuesday, November 6, 2025
for SCI/D Staff



VETERANS WHO ARE UNABLE TO LEAVE
THEIR HOSPITAL ROOM, WILL BE SERVED
BEDSIDE

National Service Officer Report

Jason McDonald, West-South Area Manager

Scams! Scams! Scams! Everywhere there is Scams! Scams are nothing new in today's society. Scams come in many forms either via email, advertisements or phone calls just to name the few most popular ways. Whenever someone thinks they can profit from someone else there will be a scam for it. In 2025 there has been a few different scams that have happened. Some involved scammers calling into the National VA hotline and being able to answer the security questions enough for The Department of Veteran's Affairs hotline representatives to think that the scammers were the Veteran. Once confirmed the representatives unknowingly thought they were assisting the Veteran with updating and changing their direct deposit information. Luckily in most cases The Department of Veterans Affairs fraud department was somehow able to identify these fraudulent transactions and restore the Veteran's direct deposit in time, so that no benefits were missed. However, some do slip through the cracks, enabling the scammers to get away with their crime.

Recently the Department of Veterans Affairs have been sending out letters to Veteran's and beneficiaries regarding a new scam trend. This new scam targets Veterans and beneficiaries in that the scammers impersonate VA employees by sending fraudulent text messages, emails, or phone calls telling Veterans and beneficiaries that they owe VA money because of a debt due to an overpayment of VA benefits. These scammers may use VA letterhead or logos to make their communication appear authentic. They typically pressure Veterans to pay outstanding fees immediately and directly to them instead of through official VA payment channels.

Please know that if it is a real overpayment the VA does not pressure you to pay. A true letter from the Department of Veterans Affairs Debt Management Center will already tell you that you can pay the full debt however, they always will say that they will begin to deduct a certain amount out of your benefits each month until the debt is repaid.

When you are unsure always contact official channels. You can contact the VA's Debt Management Center at 1-800-827-0648, verify debt on your official VA.gov account or you can contact your local PVA National Service Officer who can verify the validity of any overpayment.

If you feel you have been the target of a scam or suspect fraudulent activity, contact VA immediately at 1-800-827-1000. You can also file a complaint through the Federal Trade Commission at <https://reportfraud.ftc.gov>. If you have experienced fraud related to non-VA benefits, you can find resources to file a report to the appropriate agency by visiting <https://vsafe.gov> or calling 1-833-38V-SAFE.



THE PARALYZED VETERANS OF AMERICA, BAY AREA AND WESTERN CHAPTER
AND
VA PALO ALTO HEALTH CARE SYSTEM SCI/D CENTER'S RECREATION THERAPY
PRESENTS

»»»»»»»» **ADAPTIVE** ««««««««
RECREATION CLINIC



LIVE CLINIC

**2ND
THURSDAY
OF THE
MONTH
3:00PM**

**AIR RIFLE, BOCCIA BALL, DISC
GOLF, LEATHER WORK, DRUMMING,
SHUFFLEBOARD, TABLE TENNIS,
AND MORE**

**RSVP TO KORY AMARAL
(650) 399-5296
AMARAL@BAWPVA.ORG**

BUILDING 7

**3801 MIRANDA
AVENUE
PALO ALTO, CA
94304**

**FOOD
PROVIDED**

**THANK YOU SCI/D RECREATION
THERAPY IN PALO ALTO FOR YOUR
SUPPORT.**

PRIZES



You're Invited to our Veterans Day BBQ



During the event, we are excited to unveil our brand-new Veterans Wall—a tribute dedicated to honoring all who have served. We invite you to leave your mark by signing the wall and sharing your story with us.

Enjoy delicious BBQ, connect with fellow Veterans, and let us express our gratitude in person. Families and friends are welcome!



Tuesday

NOV 11, 2025

11:00AM - 1:00PM

**United Access Fremont |
40975 Albrae St. | 510-999-7959**



**Scan the
QR Code
to RSVP**





Washington Update

Check out the [PVAAction Force](#) page to view alerts and a list of key legislation.

SENATE HOLDS HEARING ON THE STATE OF SCI/D CARE

On September 17, PVA National President Robert Thomas testified before the Senate Veterans' Affairs Committee in a hearing examining the state of VA's spinal cord injuries and disorders (SCI/D) system of care. In both his written and oral statements, President Thomas expressed PVA's firm belief that VA is the best health care provider for disabled veterans, particularly those with catastrophic disabilities. In his oral testimony, he focused on our primary concerns about VA's ability to continue serving catastrophically disabled veterans both now and in the future: ongoing staffing vacancies, delayed infrastructure improvements, and the continued shortage of specialty long-term care beds.

Staffing levels for the SCI/D system of care are detailed in Veterans Health Administration Directive 1176. The requirements outlined in this directive are based on the level of care needed to maintain the health and well-being of veterans with SCI/D. Unfortunately, VA leaders have long treated them as optional rather than a directive based on best care standards. As a result, VA can only staff a nominal number of beds in some locations. President Thomas told lawmakers that the VA must be able to staff to the level needed to serve veterans with SCI/D. He also noted that VA needs new approaches to recruiting medical professionals in hard to recruit locations and to streamline hiring for medical professionals.

Next, he expressed concern about badly needed infrastructure improvements that remain unfunded. VA's SCI/D system of care is comprised of 25 acute care centers and six long-term care centers with an average age of nearly 40 years old. Many of the older centers have only had minor renovations. More than a dozen SCI/D-related construction projects on VA's Strategic Capital Investment Planning list continue to go unfunded year after year. He reminded committee members that VA's SCI/D system of care is not replicated outside of VA and urged them to consider this when allocating funding for the department. He also testified that VA should fund facilities that support the types of services, like SCI/D care, which the department uniquely provides. Increased investment in these areas would greatly strengthen VA's specialty care services and ensure their future availability.

Finally, he noted the nation's lack of adequate long-term care options poses an enormous problem for people with catastrophic disabilities. There are very few long-term care facilities that are capable of appropriately serving veterans with SCI/D. With less than 180 beds, VA's six existing SCI/D long-term care facilities are not enough for the tens of thousands of veterans with SCI/D.



Mr. Thomas further stressed that many of our members also depend on VA home and community-based services throughout their lives. He expressed appreciation of Congress's passage last year of the Senator Elizabeth Dole Act (EDA) but urged the committee to exercise its oversight authority to ensure it is implemented as Congress intended.

During the Q&A session, President Thomas had the opportunity to speak about the barriers our members encounter when attempting to access some of VA's community care providers. Also, he reiterated the importance of the committee monitoring the implementation of the EDA. He noted that while VA says the Veteran Directed Care program is available at all major VA facilities, the feedback we have received from the field suggests some of them exist in name only.

Appearing on the first panel with President Thomas were Dr. Shelly Hoover, a Navy veteran with ALS; Mandi Bailey, from I AM ALS's Veteran ALS Action Committee; and Mary Ward, a veteran spouse, caregiver, and Elizabeth Dole Foundation Fellow. Together, they offered powerful testimony on the needs of catastrophically disabled veterans and their caregivers.

The second panel consisted of VA's principal witness, Dr. Erica Scavella, Assistant Under Secretary of Health for Clinical Services and Dr. Manosha Wickremasinghe, Executive Director of VA's SCI/D System of Care. Dr. Scavella said VA's mission is to address not just the immediate needs, but also the long-term challenges and opportunities facing the veteran community affected by SCI/D. As they recognize the unique and evolving needs of veterans with SCI/D, their response continues to center on specialized, comprehensive care. She noted these complex conditions require individualized approaches, and VA's commitment is to leverage the full depth of the department's resources and compassionate expertise to optimize the quality of life for all veterans. In addition to talking about facility-based care, she spoke of the importance of supporting veterans in their communities noting that the recent passage of the EDA has enabled VA to expand support for veterans facing complex medical conditions. She cited section 120 of the bill, which raises the maximum per-veteran expenditure for home- and community-based services from 65 percent to 100 percent of Community Living Center costs, which can now be applied to disabilities such as SCI/D. She said these changes would directly translate into expanded options for home-based care and greater financial flexibility.

During their Q&A session, Dr. Scavella and Dr. Wickremasinghe fielded questions about staffing and some of the challenges of recruiting qualified personnel to care for veterans with SCI/D, particularly in rural areas. Dr. Wickremasinghe informed the committee on how tele-health, tele-mental health, and tele-wound care is being leveraged to care for these veterans. She also talked about some of the opportunities veterans with SCI/D have to participate in studies and other research affecting them.

The hearing lasted about two hours and you can view a recording of it [here](#). You can view each of the witnesses' written statements as well. PVA looks forward to continuing to work with the Senate in strengthening services for veterans with SCI/D.

**PARALYZED VETERANS OF
AMERICA, BAY AREA AND
WESTERN CHAPTER'S**



BINGO NIGHT

**3RD THURSDAY OF
THE MONTH**

Bingo at: 3:00pm
Pizza at: 4:30pm

**MONEY PRIZES
FOR EVERY
ROUND!**

SCI/D Dining Room



SCI/D
Spinal Cord Injury/
Disorders Center

Need More Information:

**AMARAL@BAWPVA.ORG OR
(650) 858-3936**

Board of Director's Meeting



If you are interested in participating in the Paralyzed Veterans of America, Bay Area and Western Chapter's Board of Director's Meetings via Zoom, please see below for the information:

Tuesday, October 14, 2025 at 1:00 PM
Tuesday, November 18, 2025 at 1:00 PM

Join Zoom Meeting

[https://us02web.zoom.us/j/83701668667?
pwd=R09NV1duRXIheHZGOGV3ckNDUUNRUT09](https://us02web.zoom.us/j/83701668667?pwd=R09NV1duRXIheHZGOGV3ckNDUUNRUT09)

Meeting ID: 837 0166 8667

Passcode: 0xfGNG

One tap mobile

+16699009128,,83701668667#,,,,,0#,,971921# US (San Jose)

+13462487799,,83701668667#,,,,,0#,,971921# US (Houston)

Dial by your location

+1 669 900 9128 US (San Jose)

+1 346 248 7799 US (Houston)

+1 253 215 8782 US (Tacoma)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington D.C)

+1 312 626 6799 US (Chicago)

Meeting ID: 837 0166 8667

Passcode: 971921

Find your local number: <https://us02web.zoom.us/u/kc8NM3FXjv>



The Bridge

DO YOU SERVE WOMEN VETERANS?



THE WOMEN VETERANS PROGRAM (WVP) SOCIAL WORK COORDINATOR POSITION PROVIDES:

- Trauma-informed Gender-specific validation for Women Veterans with empathy, education, and normalization during their journey of access to VHA services or navigate the VBA claims process. WVP SW Coordinator provides collaboration and assist to develop a plan and assist with coping strategies to manage stressful aspects of the process.
- Information regarding available services at VAPAHCS to Women-identifying Veterans.
- Assessments for Women Veterans' personal safety, current difficulties, support, or implications of care. WVP SW Coordinator will address immediate safety concerns, normalize the impact of MST or other Gender-specific issues, coping strategies.
- An emotionally-safe space for Women Veterans to discuss feelings around service linkage, claims process, via a trauma-informed approach and collaboration with WH PACT Teams.

For consideration please contact: H. Yamel Medina, LCSW

Women Veterans Program - Social Work Coordinator

PSU - Patient Scheduling Unit: 855-632-8262

email: hilda.medina1@va.gov

VA Palo Alto Health Care System

3801 Miranda Avenue, Palo Alto, CA 94304 (650) 493-5000 • www.va.gov/palo-alto-health-care



★ ★ ★ **CELEBRATING** ★ ★ ★
VETERANS DAY
TUESDAY, NOVEMBER 11, 2025

Downtown San Jose Parade at 12:00 PM

**BAWPVA
PO BOX 27
PALO ALTO, CA 94304**



**CONTACT: KORY AMARAL
(650) 399-5296
AMARAL@BAWPVA.ORG**



PLEASE BRING:

- Handcycles
- Rugby Chairs
- Sports Chairs
- You



[HTTPS://SJVETERANSPARADE.ORG/](https://sjveteransparade.org/)

**A GREAT SOCIAL EVENT TO HONOR THE MEN AND WOMEN WHO SERVED
OUR COUNTRY**

RSVP BY TUESDAY, NOVEMBER 4, 2025

45th



NATIONAL VETERANS
**WHEELCHAIR
GAMES**

DETROIT 2026
JULY 9-14

CO-PRESENTED BY:

VA



U.S. Department
of Veterans Affairs



FOR MORE INFORMATION, VISIT:
WHEELCHAIRGAMES.ORG
#WHEELCHAIRGAMES





Paralyzed Veterans of America,
Bay Area and Western Chapter's

WINTER *Luncheon*

Tuesday, December 9, 2025

12:00 PM

Building 7's SCI/D Dining Room

For SCI/D Veterans & Staff

Catered by Chipotle

Tickets are available from
9:00 AM - 11:00 AM

on Tuesday, December 9, 2025
for SCI/D Day Shift Staff

Veterans who are unable to leave their hospital
room, will be served bedside



SCI/D Outpatient Clinic

VA Palo Alto - Building 7 Room F-143
650-493-5000 x65871

SPECIALITY CLINICS

ACUPUNCTURE

CHIROPRACTIC

PSYCHOLOGY

SCI CLINIC

INTEGRATED
EVALUATION

UPPER
EXTREMITY

TELEHEALTH

SEXUALITY

FUNCTIONAL
EXTREMITY

OCCUPATIONAL
THERAPY

PHYSICAL
THERAPY

UROLOGY

URODYNAMICS
STUDY

BOWEL AND
BLADDER

WOUND

PLASTIC
SURGERY

To best serve our Veterans in our SCI/D Outpatient Clinic –

Masking and Visitor Requirements:

Masking remains **required** for anyone with any type of respiratory symptoms/cough or diagnosed with COVID-19, Flu. Masking is **required** for staff, Veterans, and visitors while visiting SCI/D Outpatient clinic, 7F and 7H SCI inpatient units. Staff may remove masks in these areas only under the following circumstances:

- they are not in a patient room;
- they are not within six feet of a Veteran in a congregate area (e.g., shared meals in SCI); or
- they are not within six feet of a patient in an open treatment area/room.

Please check in AND check out with the scheduler, or video (V-Tel) scheduler if appropriate, especially after your Annual Exam. Make sure you get an appointment on your way out as appointments are not made automatically. Thank you!

SPECIAL MODE TRANSPORT

Review your Special Mode Transport (SMT) expiration dates – when you receive a letter of expiration, please notify clinic RN as soon as possible to resubmit transportation consult. **Clinic x65871 Navarre (888) 551-0330** for pick up/drop off

GURNEY TRANSFER APPOINTMENTS

For appointments where you need to be transferred from wheelchair to gurney by nursing staff (CT, MRI etc.) – please call and schedule an RN-TRANSFER appointment to assure enough staff are on hand to support your appointment needs. **Scheduling x65871**

DEFENDER'S LODGE

Defender's Lodge is available for Veterans who live over 50 miles from the hospital – Consults can be placed only 7 days prior to the requested stay. Please contact Social Work to request a stay. **Social Work x63328**

SCI/D OUTPATIENT SURVEY

Please click on the QR code below to complete the SCI/D Outpatient Clinic Survey.





LIVING WITH A SPINAL CORD INJURY OR DISEASE

SCI/D PEER SUPPORT PROGRAM - EDUCATION & LUNCH

Please join us the **LAST THURSDAY** of the month starting **February 27, 2025 in Building 7, Room F-108 (Dayroom) at 12:00 PM** for education and a peer support activity. This is a monthly program designed for SCI/D Veterans to gather together and connect in a social and relaxed environment, socially distanced of course!



If you cannot attend in person, or if group is at capacity, you can call into ZOOM from your room or home.

MEETING ID: 835 1426 6166
PHONE: +1 669 900 9128
ONLINE: <https://us02web.zoom.us/j/83514266166>





★ HAPPY ★ BIRTHDAY!



October	<p>Gary Dilday Steven Coyle Landon Henderson Michael Nesby Gilbert Thomas Charles Boyer James Gridley Jon Houde Kurt Steiner Dennis Mankel Hector Mendoza William James Edward Arnold Matthew Beller</p>	<p>Cliff Finch Patrick Malan Christopher Bernard Anthony Swetala Charles Jellison Eugene Gold Stephen Davis Shawn Hodge Layne Inouye Brian Rodrigues Austin Parker David Owens Jeremiah Michaels Laura Bernhardt</p>	<p>Omar Hernandez Stanford Tate Cory Renfrow Dennis Birch Douglas Stalker James Tigan John Patricio Laurie Genishi Christopher Moniz Robert Ray Victor Catanzaro Steven Morris Dale Heitzman Daniel Fitzgerald</p>	<p>Gary Simmons Paul Gillon Ralph Rachal Andrew Blaylock Christopher Locke Henry Sadler James Claypool Lionel Burton Richard Casares</p>
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November	<p>James Ross Marvin Tuttle Demond Wilson Theodore Reiff Joseph Terrell Leonard Burger Blair Reels Santos Ramirez Dale Rule Avory Gullick Dwain Vinson Mark Bonilla Shane Wages</p>	<p>Philip Malasig Ramon Ortega Ralph Stovall Scott Harger John Peredo Gary Combs Raymond Hernandez Thomas Leavell Stephen Spleen Ponciano Mencias Quentin Collins Gary Dixon Kirby Apps</p>	<p>Thomas Mihalyi Eric Lizama Debra Tillman Erica Lucas Fonoimoana Moala John Solt Marilen Peregrina Shinji Grubbs George Massad Michael Antosik Richard Douglas Roger Smith Daniel Guse</p>	<p>Jacob DeFalco John Beers Jose Richardo Sandoval Charina Tengson David Fittante</p>
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December	<p>Andre DeCordova David Funderburg Scott Souza Thomas Simi Jesse Cervantes Harvest Avery (Cooper) Albert Wittwer Richard Hagan Robert Quijada Stephen Burton Walter Roy Henry Crossley Bob Vincent</p>	<p>Ellen Beauregard Tracy Williams Ronnie Santos David Wagner Larry Srutek Tomasz Modrzejowski Reese Levasseur Buster Kawasaki William Colter Artemio Domingo Gary Barton Jonathan Green Kyle Hansel Mancy Gant</p>	<p>Michael Allen Richard Haney Alonzo Cabral- Centeno Frank Lopez Eric Jaeger Leroy Wolf Ron Playda Steven Holston Marlon Brown Tim Hudson Billy Abram Christopher Hewitt Danny Campos</p>	<p>Ernest Thompson Gary Wilson Joseph Jasso Robert Woolard Thomas Murphy William Ash Steven Hood</p>
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October 2025

SUN MO TUE WE THU FRI SAT

1 2 3 4

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30 31

November 2025

SUN MO TUE WED TH FRI SAT

1

2 3 4 5 6 7 8

9 10 11 12 13 14 15

16 17 18 19 20 21 22

23 24 25 26 27 28 29

30

December 2025

SUN MO TUE WED THU FRI SAT

1 2 3 4 5 6

7 8 9 10 11 12 13

14 15 16 17 18 19 20

21 22 23 24 25 26 27

28 29 30 31

- 9 - **Interactive Arts Clinic**
3pm, Bldg. 7 Dining Room
- 13 - **Columbus Day (Office Closed)**
Bldg. 7 Rm. E-118
- 14 - **NSO Chat (Virtual)**
11:30am, Bldg. 7 Rm. E-101
- 14 - **BOD Meeting**
1pm, Bldg. 7 Rm. E-118
- 16 - **Bingo & Pizza Night**
3pm, Bldg. 7 Dining Room
- 20 - **13th Annual Golf Tournament (Office Closed)**
San Jose, CA
- 30 - **SCI Peer Mentoring Program**
12pm, Bldg. 7 Rm. F-108

- 4 to 5 - **National PVA Palo Alto Site Visit**
SCI/D Center
- 6 - **Veterans Day Luncheon**
12pm, Bldg. 7 Dining Room
- 7 - **Paul Revere Elementary Visit**
San Francisco, CA
- 11 - **Veterans Day Parade (Office Closed)**
12pm, San Jose, CA
- 11 - **NSO Chat (Virtual) Canceled**
11:30am, Bldg. 7 Rm. E-101
- 13 to 17 - **Fall BOD Meeting**
Orlando, FL
- 18 - **BOD Meeting (Virtual)**
1pm, Bldg. 7 Rm. E-118
- 20 - **Bingo & Pizza Night**
3pm, Bldg. 7 Dining Room
- 27 - **SCI Peer Mentoring Program Canceled**
12pm, Bldg. 7 Rm. F-108
- 27 to 28 - **Thanksgiving (Office Closed)**
Bldg. 7 Rm. E-118

- 9 - **NSO Chat (Virtual)**
11:30am, Bldg. 7 Rm. E-101
- 9 - **Winter Luncheon**
12pm, Bldg. 7 Dining Room
- 11 - **VetsBoats Event**
San Francisco, CA
- 18 - **Bingo & Pizza Night**
3pm, Bldg. 7 Dining Room
- 25 - **SCI Peer Mentoring Program Canceled**
12pm, Bldg. 7 Rm. F-108
- 22 to 31 - **Winter Break (Office Closed)**
Bldg. 7 Rm. E-118

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Important Telephone Numbers, E-Mail Addresses, & Web Sites:



BAWPVA

Tele: 650-858-3936
800-273-6789 (toll-free)
650-399-5296 (mobile)
E-Mail: administration@bawpva.org
Web: www.bawpva.org

Paralyzed Veterans of America (PVA), Washington, D.C.

Tele: 800-424-8200 (toll-free)
E-Mail: info@pva.org
Web: www.pva.org

Paralyzed Veterans of America (PVA) NSOs

Reese Levasseur, NSO, Palo Alto
Tele: 650-493-5000, ext. 65046
202-416-1021
Kristel Crouse, NSO, Sacramento
Tele: 916-364-6791
202-416-1023
Jason McDonald, NSO, Las Vegas
Tele: 702-791-9000, ext. 14458
202-416-6462

U.S. Department of Veterans Affairs

Tele: 800-827-1000 (toll-free) or
Web: www.va.gov

California Department of Veterans Affairs (CDVA)

Tele: 800-952-5626 (toll-free)
Web: www.cdva.ca.gov

Social Security Administration

Tele: 800-772-1213 (toll-free)
Web: www.ssa.gov

San Mateo County Commission on Disabilities

Web: www.smco-cod.org

VA Palo Alto Health Care System

Tele: 650-493-5000
SCI Outpatient: ext. 65871
W/C Repair: ext. 63235
Social Work: ext. 63328
OT: ext. 65604
PT: ext. 65672
Recreation: ext. 64353

San Francisco VA Medical Center

Eva Woodward, LCSW, SCI Coordinator
Tele: 415-221-4810, ext. 23470

VA Northern California

Brian Tolentino, LCSW, SCI Coordinator
Tele: 916-843-9130

Fresno VA Medical Center

Anita Morris, LCSW, SCI Coordinator
Tele: 559-476-7696

Reno VA Medical Center

Beth Carbonneau, LCSW, SCI Coordinator
Tele: 775-785-7075

Honolulu Clinic

Vacant, LCSW, SCI Coordinator
Tele: 808-433-7853