

LIVING WITH A SPINAL CORD INJURY



INTERESTED IN OBTAINING A PEER SUPPORT MENTOR?

Please see below and reverse side for resources.



Christopher & Dana Reeve Foundation

- <https://www.christopherreeve.org/get-support/get-a-peer-mentor>
- 1 (800) 539-7309
- Information@ChristopherReeve.org



NorCal SCI

- <https://norcalsci.org/support-groups>
- 1 (408) 458-9863
- info@norcalsci.org

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
VA Palo Alto Health Care System



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SCI PEER MENTORING PROGRAM - EDUCATION & LUNCH

Please join us the **LAST FRIDAY** of the month in the **SCI Dining Room at 11:30 AM** for a **catered lunch** and **F-125 Conference Room at 12:00 PM** for education and a peer support activity. This is a monthly program designed for SCI Veterans to gather together and connect in a social and relaxed environment, socially distanced of course!



If you cannot attend in person, or if group is at capacity, you can call into ZOOM from your room or home.

MEETING ID: 835 1426 6166

PHONE: +1 669 900 9128

ONLINE: <https://us02web.zoom.us/j/83514266166>



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