

# The Bridge



Bay Area & Western Paralyzed Veterans of America

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**Forever Strong!**

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**PARALYZED VETERANS  
OF AMERICA,  
BAY AREA & WESTERN CHAPTER**

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***E-BRIDGE***

To sign up for the monthly electronic newsletter

please email [amaral@bawpva.org](mailto:amaral@bawpva.org)

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## President Reese Levasseur



Welcome to Summer 2020. Time is definitely challenging right now due to the COVID-19 Pandemic, but we must remain positive. The Chapter has received many donations of Personal Protective Equipment (PPE) from community members and the Chapter has also purchased masks with the Chapter logo. Within the next few weeks, the Chapter will be sending a care package to each one of our members.

The Chapter is in the process of updating our portal. The Chapter staff will be contacting each member. If you have not heard from the Chapter, please contact us at (650) 858 - 3936 or [amaral@bawpva.org](mailto:amaral@bawpva.org) and let us know of any changes in terms of address, phone, or email. We want to make sure we can contact you especially with everything going on with the COVID-19 Pandemic.

I would like to give a special thanks to Mr. & Mrs. Winchell who have become a Silver Sponsor through their donations. We are able to send veterans to more events because of the generosity of individuals in our community.

Please sign up for My HealthVet which is a great online tool to schedule appointments and much more. Due to the COVID-19 Pandemic restrictions at the VA this is a great tool to be able to contact your health providers. Please follow this link to sign up: [myhealth.va.gov](http://myhealth.va.gov).

Please, everyone stay safe and let me know if the Chapter can help in any way. I look forward to speaking with each one of you in the near future.

# Executive Director

## Kory Amaral



I hope all is well. I truly miss seeing all of you at the SCI Center and in the community. The office is currently closed due to the VA's protocol on the COVID-19 Pandemic. We plan to open slowly in August 2020, but that depends on the status of the Pandemic. I am here for you even though our office may be closed, you can reach me at (650) 858 - 3936 or [amaral@bawpva.org](mailto:amaral@bawpva.org). I have been sending a weekly COVID-19 update via email and I hope those resources can help you in this troubling time.

The Chapter and the SCI Center have been working together to make sure our veterans are aware of any changes in regard to COVID-19. I recommend calling into the weekly Patient Education through teleconference on Wednesdays. To connect, please call 800-767-1750. You will then enter the participant code 22095 and press # to join the meeting. Patient Education may change in the future, but we will make sure we update you.

Although many Chapter events are either postponed or cancelled due to the COVID-19 Pandemic, the Chapter plans to start having events in October 2020, if allowed. The Annual Banquet will now be held on Saturday, November 21, 2020 at Hyatt Regency Santa Clara. A new invitation will be sent out. The Banquet is a great way to celebrate our veterans and staff.

I would like to thank the staff at VA Central California Health Care System (Fresno), VA Sierra Nevada Health Care System (Reno), VA Northern California Health Care System (Mather), and VA Palo Alto Health Care System who have not only gone above and beyond for our veterans this year, but for their support of the Chapter. The partnership with the Chapter is essential to continue the positive relationship with the VA. Although we have had to postpone many membership meetings due to the COVID-19 Pandemic, the Chapter is looking to future membership meetings. The Bay Area & Western PVA Chapter and Nevada PVA Chapter will continue an annual membership meeting each year in late Spring/early Summer in Reno, NV. A membership meeting in Fresno, CA is scheduled for Monday, November 2, 2020, but may change due to the COVID-19 Pandemic.

Our 10th Annual Golf Tournament has been postponed to Monday, July 26, 2021 at Palo Alto Hills Golf & Country Club. We are excited to have the Golf Tournament at Palo Alto Hills Golf & Country Club again next year. We are estimating a full course again and we are hoping for another successful fundraising event. I would like to thank Joe Galiardi, our 2016 & 2018 Golf Chairman, for his dedication to this event, and our veterans. We will have many disabled veteran sponsorships, so if you want to play please email us at [golf@bawpva.org](mailto:golf@bawpva.org).

The Chapter is limited on fundraising events due to the COVID-19 Pandemic, but we are still accepting donations. Summer is a great time to continue donating. The Chapter has the GIVE Clothing Donation Program (GIVE) and Wheels Helping Warriors Vehicle Donation Program (WHW). Please refer to page 4 for more details of the GIVE Program which can benefit the Chapter. The contact information for the WHW Program has changed please visit [pva.careasy.org](http://pva.careasy.org) for more information.

I hope all of you remain safe during this time. I appreciate that I am able to serve our veterans everyday and I look forward to the future and I know we will all get through this together. I am always here for you if you need anything. Please feel free to reach out to me at [amaral@bawpva.org](mailto:amaral@bawpva.org) with any questions or concerns.



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# Connect With What Matters



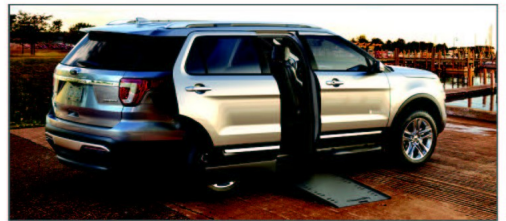
## Being there makes a difference

It could be a simple trip to the mall, a ride to the movies or just a visit to a friend's home. The little things in life can make a big difference. It's why MobilityWorks has been helping veterans connect with who and what matters most since 1997. Veterans have unique needs so we treat each of them as individuals. First of all, we listen. Then, we work together to find the best solution.

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MobilityWorks is committed to serving you. Contact us today so we can evaluate your needs and find a solution that best fits your lifestyle.



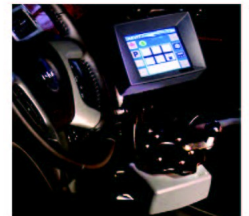
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559-408-5835

### Sacramento

3127 Fite Circle, Suite B  
Sacramento, CA 95827  
916-368-0854

### Chico

1300 Nord Ave.  
Chico, CA 95926  
530-433-5954

### Oakland

1822 Embarcadero Ave.  
Oakland, CA 94606  
510-927-2860

### Santa Clara

1245 Laurelwood Rd.  
Santa Clara, CA 95054  
669-236-3001

**The Bridge**



[www.mobilityworks.com](http://www.mobilityworks.com)

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# Palo Alto VA Adaptive Sports Medicine Clinic



**Where:** VA Palo Alto Division, Building 7, PM&R Clinic

**Next Clinic Date:** Tuesday AM, June 16th, 2020  
(recurring monthly)

The **Adaptive Sports Medicine Clinic** team consists of PM&R and sports medicine physicians, chiropractors, recreational therapists, and physical therapists specialized in treating the adaptive athlete. We treat injuries, pain and functional issues and also provide athletic training and/or sports performance for veteran athletes involved in adaptive sports.

**Contact:** If you think you would benefit from our services, request a referral from your primary care physician or contact your recreational therapist or Huy Diep, RT at 650-493-5000, x67538, [huy.diep@va.gov](mailto:huy.diep@va.gov).



VA



U.S. Department of Veterans Affairs  
Veterans Health Administration  
VA Palo Alto Health Care System



# NATIONAL VETERANS WHEELCHAIR GAMES

#NVWGatHOME • July 12-17, 2020

## NVWGatHOME 5K (CYCLE, WALK or ROLL) and Closing Ceremony

July 17 at 3 pm (ET) broadcast on Facebook Live

Join our community to get back on the road for health and fitness. We'll kick off with a brief presentation by special guests from VA and PVA. Recruit your co-workers, friends and family to join!



Share your 5K pics and video on social media: **#NVWGatHOME**

Tag **@sports4vets** or **@paralyzedveterans**

**We can't wait to hear from you!**



**VA**

U.S. Department  
of Veterans Affairs

**Paralyzed Veterans  
of America**

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## The ReWalk Exoskeleton-Suited for Your Mission



Retired Army Sergeant Terry Vereline crosses the finish line of the 2019 New York City Marathon after walking 26.2 miles in her ReWalk Exoskeleton. She received this device in 2014 and has used it to take nearly 1,000,000 steps in the past five years.

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or 508.251.1154 Option 2**

### What is *Your* Mission?

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[www.rewalk.com](http://www.rewalk.com)



**ReWalk™**  
Robotics



# National Service Officer Report

Alice Borja

National Service Officer



## Mask On

VHA has slowly began their phases too reopen. As of 6/8/2020. VHA has begun to allow face - to - face visits in hospital facilities. All patients and visitors are required to wear face coverings and will be subject to a health screening. All veterans are encouraged to reach out their respective facilities.

The CDC continues to study the spread and effects of the novel coronavirus across the United States. We now know from [recent studies](#) that a significant portion of individuals with coronavirus lack symptoms (“asymptomatic”) and that even those who eventually develop symptoms (“pre-symptomatic”) can transmit the virus to others before showing symptoms. This means that the virus can spread between people interacting in proximity—for example, speaking, coughing, or sneezing—even if those people are not exhibiting symptoms. Considering this new evidence, CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) **especially** in areas of significant community-based transmission.

It is critical to emphasize that maintaining 6-foot social distancing remains important to slowing the spread of the virus. CDC is additionally advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure. For the most update information, contact your local VA health care facility. It would also be beneficial to check local county resources for the most update information.

As the nation adapts and transitions to a new normalcy it is vital that measures are taken to preserve individual and collective health. According to the CDC, most people with disabilities are not inherently at higher risk for becoming infected with or having severe illness from COVID-19. However, some people with disabilities might be at a higher risk of infection or severe illness because of their underlying medical conditions. All people seem to be at higher risk of severe illness from COVID-19 if they have serious [underlying chronic medical conditions](#) like chronic lung disease, a serious heart condition, or a weakened immune system. Adults with disabilities are three times more likely than adults without disabilities to have heart disease, stroke, diabetes, or cancer than adults without disabilities. Please consult with your medical care provider about your individual needs and what is best for you and your health.

Please do not hesitate to reach out to your PVA representatives with any issues or concerns. We are here to assist. I can be reached at [aliceB@pva.org](mailto:aliceB@pva.org).

# Spinal Cord Injury/Disease



11:30AM  
— TO —  
1:00PM

3RD WEDNESDAY  
EVERY MONTH

EVELYN MOUNT NORTHEAST COMMUNITY CENTER  
1301 VALLEY RD, RENO NV 89512

Please join City of Reno, VA Sierra Nevada Healthcare System, Renown Health, and High Fives Foundation for Spinal Cord Injury/Disease specific resources, topics, and guest speakers during our monthly community-based luncheons.



334-INFO | [Reno.Gov/Adaptive](http://Reno.Gov/Adaptive) | [@CityofReno](https://twitter.com/CityofReno)

# Free Live Webinar

**Date: Tuesday, July 21**  
**Time: 1pm (PST)**



During this live Webinar you will learn about the Indego Personal Exoskeleton.

The following questions will be addressed:

- What is Indego?
- How does it work?
- Who is Indego for?
- What do current veterans say about Indego?
- How can I get an Indego for myself?

Organized by:



## About the Indego Personal Exoskeleton:

The Indego Personal Exoskeleton allows qualified veterans with a spinal cord injury to stand and walk again. It is the lightest exoskeleton on the market and the only device which is modular, allowing it to fit in a duffle bag for easy transportation so you can bring it anywhere.

## About your Presenter:

Kate Addis is a Doctor of Physical Therapy and an Indego Instructor with extensive neurorehabilitation experience. She has trained numerous clinicians, personal users and Veterans on how to use the Indego Exoskeleton

To register for this webinar please contact:

**Dr. Kate Addis**  
(702) 525.8635  
Kate.addis@parker.com



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# Pictures FY 19-20



The Bridge



## Important Update

### Nationwide Deployment: Emergency Care Centralized Notification

Effective June 8, 2020, the Department of Veterans Affairs (VA) is establishing a national emergency care contact center to simplify the emergency care notification process.

The Community Care Centralized Notification Center is the mechanism by which community providers must now notify VA of a Veteran presenting at an emergency facility. It offers simplified access to VA for care coordination, eligibility determination and payment authorization information.

Community providers should always promptly notify VA of a Veteran presenting for emergent care at their facility using one of the following options:

1. Email: [VHAEmergencyNotification@va.gov](mailto:VHAEmergencyNotification@va.gov)
2. Phone: 1-(844)72HRVHA or (844-724-7842)

Case-specific details will be requested during notification for care coordination and eligibility determinations. Providers are encouraged to utilize [VA Form 10-10143g](#) for reporting case-specific information. VA Form 10-10143g can be found at <https://www.va.gov/vaforms>.

For more information please visit

[https://www.va.gov/COMMUNITYCARE/providers/info\\_EmergencyCare.asp](https://www.va.gov/COMMUNITYCARE/providers/info_EmergencyCare.asp)

VA's partnerships with community providers is key to making sure Veterans have access to timely, high-quality health care. We thank you for helping make that possible.

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# SCI Outpatient Clinic

VA Palo Alto - Building 7 Room F-143  
650-493-5000 x65871

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## SPECIALITY CLINICS

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To best serve our Veterans in our SCI Outpatient Clinic – we ask for your assistance with coordination of care. We appreciate your cooperation!

ACUPUNCTURE

PSYCHOLOGY

SCI CLINIC

INTEGRATED  
EVALUATION

UPPER EXTREMITY

TELEHEALTH

SEXUALITY

FUNCTIONAL  
EXTREMITY

OCCUPATIONAL  
THERAPY

PHYSICAL THERAPY

UROLOGY

URODYNAMICS  
STUDY

EMG

BOWEL AND  
BLADDER

WOUND

PLASTICS

Please check in AND check out with the clerk- make sure you get an appointment on your way out- appointments are not made automatically. Thank you 😊

## SPECIAL MODE TRANSPORT

Review your Special Mode Transport (SMT) expiration dates – when you receive a letter of expiration, please notify clinic RN as soon as possible to resubmit transportation consult

**Clinic x65871**

**Navarre (833) 628-2773** for scheduling pick up/drop off

## GURNEY TRANSFER APPOINTMENTS

For appointments where Veterans need to be transferred from wheelchair to gurney by nursing staff (Radiology, Ultrasound, etc.) – please call and schedule An RN-TRANSFER Appointment at least 2 weeks in advance

**Scheduling x65871**

## DEFENDER'S LODGE

Defender's Lodge homotel is available for Veteran's who live over 50 miles from the hospital – please request at least 1 month in advance to ensure room reservation.

CHIROPRACTIC SERVICES .... COMING SOON!



# Washington Update

Produced by Paralyzed Veterans of America, Government Relations Department

## **SENATE VETERANS' AFFAIRS COMMITTEE HOLDS HEARING ON RESILIENCY OF VA'S SUPPLY CHAIN**

On June 9, Dr. Richard Stone, Executive in Charge, Veterans Health Administration (VHA) testified before the Senate Veterans' Affairs Committee on the resiliency of VA's supply chain. According to Dr. Stone, VA is experiencing the same challenges with obtaining supplies like personal protective equipment as every other hospital system in the country. Unlike other health care systems, however, VA has the ability to share their supply and personnel resources between sites based on immediate health care needs.

VA is in the process of collaborating with the Department of Defense (DoD) and will transition to the Defense Medical Logistics Standard Support (DMLSS) on an enterprise-wide basis. DMLSS is an information technology system within the Defense Medical Logistics – Enterprise Solution (DML-ES) portfolio. The DML-ES portfolio provides a continuum of medical logistics support for the Defense Health Agency. DMLSS delivers an automated and integrated information system with a comprehensive range of medical material, equipment, and facilities management functions. DMLSS will replace VA's legacy system designed and developed in the 1970s.

VA is currently piloting DMLSS at the James A. Lovell Federal Health Care Center in North Chicago, Illinois, and VA's initial electronic health record (EHR) deployment sites in Spokane and Seattle to analyze VA enterprise-wide application. According to Dr. Stone, moving to DMLSS will allow VA to leverage a proven system that DoD has developed, tested, implemented, and interfaced with its EHR, the same Cerner platform being deployed across VHA.

Dr. Stone also discussed establishment of Regional Readiness Centers, geographically distributed, in support of four Veterans Integrated Service Network (VISN) Consortiums. A VISN Consortium is a partnership between multiple VISNs located in the same region of the country. Each Regional Readiness Center coupled with VHA medical facilities must be capable of maintaining a combined supply depth of 180 days. We support any efforts that will ensure that PVA members, VA employees, and all veterans and their caregivers have access to needed PPE supplies without needing to ration them.

## **HOUSE VETERANS' COMMITTEE EXAMINES VA'S PANDEMIC RESPONSE**

On June 11, the House Veterans' Affairs Committee met to review VA's response to the COVID-19 pandemic. Many panel members commended VA for early actions like limiting visitors to facilities with high risk populations like the SCI/D centers. Dr. Richard Stone, Executive in Charge, Veterans Health Administration said that VA hired nearly thousands of new employees during the pandemic, includes roughly 4,000 registered nurses. Much concern was expressed about VA's availability of personal protective equipment (PPE) such as masks, gloves, and gowns. Dr. Stone assured the panel that the department currently has what it needs to safely provide care.

The availability of COVID-19 testing was another area of high interest prompting several questions from committee members. At one point, Dr. Stone told the committee that VA would like to provide on demand testing for veterans and employees but its ability to do that is limited by the availability of testing materials.

In PVA's statement for the hearing record, we noted that VA has tested most of the veterans who were inpatients in its SCI/D centers and SCI/D long-term care facilities. This aggressive effort led to the early identification and treatment of those with the virus and minimized the risk of further exposure to the remainder of this extremely vulnerable population. However, we pointed out that we do not know how many veterans who are on VA's SCI/D registry but not inpatient or living in VA facilities have been tested. We also relayed our members' interest in being tested for the virus and its antibodies.

## COMMUNITY CARE PROGRAM

- Caregiver must be authorized and have a start date prior to starting care
- Services can only be claimed when Veteran is at home (excludes hospitalization or facility care)

## TIMESHEETS

- Be consistent and claim the same start/end time number of hour/s everyday
- If there are (2) caregivers working the same day, claim hour/s on (2) different days \*you can't share the same day on timesheets
- Make a copy and save all timesheets for your records and taxes
- *Send in your monthly timesheet on the FIRST day of the following month*

## PAYMENT

- Caregiver's initial first payment will be 2-3 months after submitting timesheets
- Payments are non-taxed, new caregivers must fill out **VA-FSC Vendor File Request Form 10091** and **W-9 forms**. Submit to **1) VA Austin Texas** and **2) your appropriate SCI Spoke Site Representative according to where you live:**
  - **VA Austin Texas:** Fax (512) 460-5221
  - **SCI Spoke Site Representative:**
    - **VA Palo Alto** – Monica Rangel, RN (650) 493-5000 x67198 & Mara Capio, LCSW (650) 493-5000 x65340 & Joellen Perkins (650)493-5000 x26014
    - **VA San Francisco** – Eva Woodward, LCSW (415) 221-4810 x23470, Elaine Lui (415) 221-4810x26582 & Andrew Harris (415)221-4810x22112
    - **Central California (Fresno)** – Amanda Jackson, RN (559) 225-6100 x 4620 & Anita Morris (559) 476-7696 no available extention
    - **Northern California (Martinez/Sacramento)**– Sumali Valentine, RN (916) 843-9449 to only endorse questions to Monica Rangel RN  
**Alyssa Jabson** CC (707)-647-8952/claims and customer service 877-881-7618/ 707-647-8937
    - **VA Sierra Nevada (Reno)** – Jennifer Stathes, RN (775) 785-7078 & Tiffany Johnson, LCSW (775) 785-7075
    - **Hawaii** – Amanda Hiljus, RN (808) 433-3428 & Alice Taira, LCSW (808) 433-7853

▪ **For continuous *delayed payment* problems please contact:**

- **Financial Service Center (FSC) Customer Service (877) 353-9791**
- **Customer Engagement Portal: <https://www.cep.fsc.va.gov>**
- **Community Care Program: [www.hnfs.com/cotent/hns/home/va/provider.html](http://www.hnfs.com/cotent/hns/home/va/provider.html)  
HNFS provider service line: 844-728-1914**
- **Nationwide Vendor File Provider Relations – (512) 460-5380 and the contact number that is on the bottom of the time sheet**

## OTHER

- **Please alert your area representative - RN**
  - **1-2 months before your bowel and bladder program expiration date**
  - **Regarding changes in name, phone number, and/or address**

## Board Meetings Video/Teleconference



**If you are interested in participating in the Paralyzed Veterans of America, Bay Area & Western Chapter's Board of Director's and Membership Meetings via video and teleconferencing below is the information:**

**July 14, 2020**  
**Board of Director's Meeting**

1:00 PM

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/777145029>

You can also dial in using your phone.

United States: [+1 \(872\) 240-3412](tel:+18722403412)

**Access Code: 777-145-029**

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

<https://global.gotomeeting.com/install/777145029>

**August 11, 2020**  
**Board of Director's Meeting**

1:00 PM

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/520988845>

You can also dial in using your phone.

United States: [+1 \(646\) 749-3122](tel:+16467493122)

**Access Code: 520-988-845**

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<https://global.gotomeeting.com/install/520988845>

**September 8, 2020**  
**Board of Director's Meeting**

1:00 PM

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/378982717>

You can also dial in using your phone.

United States: [+1 \(646\) 749-3112](tel:+16467493112)

**Access Code: 378-982-717**

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# Getting Paralyzed Veterans Walking Again with Indego®



New VA Program offers eligible veterans an Indego® Exoskeleton at no cost.

## What is Indego?

**A robotic device that enables veterans to walk again.**

Indego is an FDA-approved exoskeleton worn around the waist and legs that enables individuals paralyzed from spinal cord injuries to stand and walk, offering a new level of independence.

Indego can currently be used with spinal cord injury levels of T3 to L5 in community or home settings. The device offers:

- Lightweight, modular design
- Slim profile compatible with most wheelchairs
- Rapid setup and breakdown for easy transportation
- Can be used with forearm crutches or walker

**Contact us today to find out if you are eligible to receive an Indego exoskeleton.**

**Email:** [support.indego@parker.com](mailto:support.indego@parker.com)

**Phone:** 844-846-3346



Watch Marine Veteran Steve Holbert's story at [www.indego.com/veterans](http://www.indego.com/veterans)





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of America

Bay Area & Western Chapter



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support for our mission and give wheelchair  
users greater freedom.



[sacvans.com](http://sacvans.com)

5821 Florin Perkins Rd, Sacramento, CA 95828 | O: (916) 381-8267 F: (916) 381-1946



# ★ HAPPY ★ BIRTHDAY!



<b>July</b>	<p>Mark Reese Bernard Noel Joaquin Castellanos Larry Parlette Kurt Valencia Jeremiah Warren William Metzger Mark Goodrich David Sanford Asher Williams, Jr. Donald Peterson Thomas Yasko</p>	<p>David Seidel James Adams Patrick Bonnett Thomas Patrick Dale Milani Manuel Zurita, Jr. Dana Dickman Dean Pieper Adelbert Mairose Norman Longaker Robert Sadowski Harold Cardenas Donna Cortesi</p>	<p>Michael Gannon Patrick Michael Ilya Poluektov Mario Baca Teri Cosentino Dennis DeGray Kathryn Thomas Stanley Maclsaac Terry Thomas Joe Uzzardo Linda Moore Fernando Marmolejo Jessica Greene</p>	<p>Jesse Rubio Danny Smith Roger Hill Joseph Rodrigues, Jr. Roger McCullar Scott Horton Randall Richmond Joseph Hoyle</p>
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<b>August</b>	<p>Michael Seshar Brandon Handel Jeff Deleon Elmer Williams William Golson Charlie Collins Augusto Cepeda John Bettencourt, Jr. George Tollworthy Keith Simmons Jeffrey Pindell Jose Chavez</p>	<p>Kraig Dern Douglas Klein Lori Wunder-Deets Michael Sturdivan Cecil Ethington Donald Hovater Jerry Crowell Dennis Knight Robert Neely Norvell Hill Dennis Brucklacher James Farnsworth</p>	<p>Michael Cash Armando Madrid Felix Ramos Mike Nishimoto Barbara Healy Robert Vigil Scott Gallos Warren Dastrup David Monis Clifford Upton, Jr. Eric McManus Ronald Mangacat</p>	<p>Sonia Alvarado Richard Perlenfein Rory Moore Billy Harris, Jr.</p>
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<b>September</b>	<p>Jon Little Craig Michals Danny Everhart Robert Dairi Rodney Williams Michael Steele Travis Amick Dale Parris Michael Simmons Daniel Coates Samuel Vida Daniel Cruz Randy Wight</p>	<p>James Sigl Ronald Hamilin, Jr. Chris Broderson Carl Westenberg Christopher Mateo Diane Beattie Ronnie Quillen Patrick Throp Jaime Carrillo Nicholas Velho Harry Albin Nils Pultz Robert Ryan</p>	<p>Michael Gordon Cal Linnell Michael Smith Alfred Guerrero Jose Lopez Chet Miller Jimmie Brown Phillip Reyes DeAnn Wright Raymond Herrick John Jaramillo Leah Montoya Robert Ivie</p>	<p>Peter Barber Ralph Hodge Yurik Resetnikov Esau Fortunat Donald Jarvis Terrence Shenks Conrad Bascon</p>
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## July 2020

SUN	MO	TUE	WE	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 4 - 4th of July
- 14 - **BOD Meeting**  
1pm, Bldg. 7 Rm. E-118 or Teleconference
- 12 to 17 - **NVWG**  
Virtual
- 21 - **Indego Webinar**  
1pm

## August 2020

SUN	MO	TUE	WED	TH	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- 11 - **BOD Meeting**  
1pm, Bldg. 7 Rm. E-118 or Teleconference

## September 2020

SUN	MO	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- 7 - **Labor Day (Office Closed)**
- 8 - **BOD Meeting**  
1pm, Bldg. 7 Rm. E-118 or Teleconference

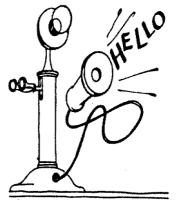
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**Important Telephone Numbers, E-Mail Addresses, & Web Sites:**



Bay Area & Western PVA

Tele: 650-858-3936  
800-273-6789 (toll-free)  
E-Mail: [administration@bawpva.org](mailto:administration@bawpva.org)  
Web: [www.bawpva.org](http://www.bawpva.org)

Paralyzed Veterans of America (PVA),  
Washington, D.C.

Tele: 800-424-8200 (toll-free)  
E-Mail: [info@pva.org](mailto:info@pva.org)  
Web: [www.pva.org](http://www.pva.org)

Paralyzed Veterans of America (PVA) National  
Service Officers

Vacant, NSO, Palo Alto  
Tele: 650-493-5000, ext. 65046

Alice Borja, NSO, Sacramento  
Tele: 800-795-3587  
Mather Office: 916-843-2602

Jason McDonald, NSO, Reno  
Tele: 775-321-4789

U.S. Department of Veterans Affairs

Tele: 800-827-1000 (toll-free)  
Web: [www.va.gov](http://www.va.gov)

California Department of Veterans Affairs (CDVA)

Tele: 800-952-5626 (toll-free)  
Web: [www.cdva.ca.gov](http://www.cdva.ca.gov)

Social Security Administration

Tele: 800-772-1213 (toll-free)  
Web: [www.ssa.gov](http://www.ssa.gov)

San Mateo County Commission on Disabilities

Web: [www.smco-cod.org](http://www.smco-cod.org)

VA Palo Alto Health Care System

Tele: 650-493-5000  
SCI Out-Patient: ext. 65871  
W/C Repair: ext. 63235  
Social Work: ext. 64496  
OT: ext. 65604  
PT: ext. 65672  
Recreation: ext. 64353

San Francisco VA Medical Center

Eva Woodward,  
LCSW, SCI Coordinator  
Tele: 415-221-4810, ext. 23470

VA Northern California

Vacant, LCSW, SCI/D Coordinator  
Tele: 916-843-9130

Fresno VA Medical Center

Anita Morris, LCSW, SCI Coordinator  
Tele: 559-225-6100, ext. 4409

Reno VA Medical Center

Vacant, LCSW, SCI Coordinator  
Tele: 775-785-7075

Honolulu Clinic

Alice Taira, LCSW, SCI Coordinator  
Tele: 808-433-7853